

10:30 New Step Exercise (SP)

3:00 Flavored Water & Snacks Social

Choice Card Game (3rd Floor MPR)

6:00 Evening Winding Down & Residents

1:00 Walking It Out Club (FP)

1:30 Name 5 Game

## August 2025



10:30 Sensory Activity: Beach Time (AR) 2:00 Art Appreciation w/Kirt (AR) 3:00 Raspberry Day Social (PA) 6:00 Winding Down Time (TV) 2:00 BINGO Time w/Friends (AR) 3:00 Saturday Social Talk w/Friends (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)

9:30 Love & Faith Church Service (PA)3 10:30 Be Fit w/Sharon (PA) 1:00 Walking It Out Club (FP) 1:30 Name 5 Game (PA) 3:00 Flavored Water & Snacks Social (PA) 6:00 Evening Winding Down & Residents Choice Card Game (3rd Floor MPR)	10:00 Move It Monday Exercise (PA) 10:30 Music w Yuja & Aika (PA) 11:00 Arts & Crafts: Sewing Fun (AR) 1:00 Walking Club (FP) 1:30 BINGO (PA) 3:00 Sweet Caroline Homemade Ice Cream Social (CY) 6:00 Winding Down Time (TV)	10:00 Kicking It w/Katie (PA) 10:30 Crafts w/J&J (AR) 11:00 Chronicles & Coffee (AR) 1:00 Walking Club (FP) 1:30 Brain Game Worksheets (AR) 2:30 Devotions w/Robyn & Denise (AR) 4:00 Music Therapy Social (PA) 6:00 Winding Down Time (TV)	10:00 Zumba Exercise & Hydration (PA) 10:30 Cooking Class: Baked Macaroni & Cheese (AR) 1:00 Walking Club (FP) 1:30 BINGO (PA) 3:00 Macaroni & Cheese Cup Social (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	0:00 Exercise & Hydration 10:30 Bible Study w/ Bernice & Robyn (AR) 1:00 Walking Club (FP) 1:30 Reading Roundtable (AR) 3:00 Spa Day Social (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	10:00 Fit & Fab Exercise (PA) 10:30 BINGO (PA) 1:00 Walking Club (FP) 1:30 Trip to the Richard Petty Museum (O) 3:00 Seek & Find Puzzle Worksheet Social (FD) 6:00 Winding Down Time (TV)	9:30 Exercise & Hydration (PA) 10:30 Knitting Group Time (MPR3) 1:30 BINGO Time w/Friends (TV) 2:30 Adult Coloring (AR) 3:00 Corn Hole Social (PA) 6:00 Walking It Out Club (FP)
						Happy Birthday Janet B.
9:30 Love & Faith Church Service (PA) 0 10:30 Exercise & Hydration w/Rhonda (PA) 1:00 Walking It Out Club (FP) 1:30 Stick Man Game (PA) 3:00 Flavored Water & Snack Social (PA) 6:00 Evening Winding Down & Residents Choice Card Game (3rd Floor MPR)	10:00 Move It Monday Exercise (PA) 11 10:30 Pour Painting Craft (AR) 11:00 Coffee & Chronicles (PA) 1:00 Walking Club (FP) 1:30 BINGO (PA) 3:00 Karaoke Fun w/ Ray (PA) 6:00 Winding Down Time (TV)  Happy Birthday Virginia B.	9:30 Kicking It w/Katie (PA) 12:15 Word of Life Community Church Service (PA) 11:30 Coffee & Chronicles (PA) 1:00 Walking Club (FP) 1:30 Let's Play Cards (AR) 2:30 Devotions w/ Robyn & Denise (AR) 3:00 Trivia Social (PA) 6:00 Winding Down Time (TV)	10:00 Ball Fun Exercise & Hydration ( 10:30 BINGO (PA) 1:00 Walking Club (FP) 2:00 Gem Mining Fun w/ Foothills Mobile Mining Company (CY) 3:00 Popsicle Social (CY) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	10:00 Exercise & Hydration 14:030 Bible Study w/ Bernice & Robyn (AR) 1:00 Walking Club (FP) 1:30 Reading Roundtable (AR) 3:00 Harp Music w/ Lisa Korbin (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	10:00 Fit & Fab Exercise (PA) 15 10:30 Lunch Outing Club: Sapporo's (0) 1:00 Walking Club (FP) 1:30 BINGO (TV) 2:00 Adult Coloring Social Time (AR) 3:00 New Resident Welcome Social (PA) 6:00 Winding Down Time (TV)	10:00 Exercise & Hydration (PA) 10:30 Music w/Yuja & Aika (PA) 11:00 Marvelous Manicures (AR) 1:00 Craft Corner w/ Ranay (AR) 1:30 Knitting Group Time (MPR3) 2:30 Brain Games Activity Worksheet (AR) 3:00 Putt-Putt Golf Social (PA) 6:00 Walking It Out Club (FP)
9:30 Love & Faith Church Service (PA) 7 10:30 Be Fit w/Sharon (PA) 1:00 Walking It Out Club (FP) 1:30 Let's Play Cards (AR) 3:00 Flavored Water & Snacks Social (PA) 6:00 Evening Winding Down & Residents Choice Card Game (3rd Floor MPR)	10:00 Move It Monday Exercise (PA) 18 10:30 Music & Dancing w/ Ronnie Conaway (PA) 11:00 Coffee & Chronicles (PA) 1:00 Walking Club (FP) 1:30 BINGO (PA) 3:00 Golf Galore w/Legacy Social (PA) 6:00 Winding Down Time (TV)  Happy Birthday Betty M.	10:00 Kicking It w/Katie (PA) 10:30 Devotions w/ Robyn & Denise 1:00 Walking Club (FP) 1:30 Table Ball Game (AR) 2:30 BINGO Fun w/ Bank of America (PA) 3:00 Social Time w/Bank of America (PA) 6:00 Winding Down Time (TV)) Happy Birthday Julio M.	10:00 Noodle Fun Exercise & Hydration (PA) 10:30 BINGO (PA) 1:00 Walking Club (FP) 2:30 Resident Council Meeting (3rdFMPR) 3:00 Wine & Cheese Social (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	0:00 Exercise & Hydration 10:30 Bible Study w/ Bernice & Robyn (AR) 1:00 Walking Club (FP) 1:30 Reading Roundtable (AR) 3:00 Dog Days of Summer Social (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	10:00 Fit & Fab Exercise (PA) 10:30 Coffee & Chronicles (TV) 1:00 Walking Club (FP) 1:30 BINGO (TV) 2:30 Movie & Popcorn (TR) 3:00 Front Porch Chit-Chat Social (FP) 6:00 "Get to Know Us" A Mix & Mingle Family Event (AL & MC)	9:30 Exercise & Hydration (PA) 10:30 BINGO Time w/Friends (TV) 1:30 Knitting Group Time (MPR3) 2:30 Brain Games Activity Worksheets (FD) 3:00 Jenga Social (PA) 6:00 Walking It Out Club (FP)
9:30 Love & Faith Church Service (PA) 4 10:30 Exercise & Hydration w/Rhonda 1:00 Walking It Out Club (FP) 1:30 Adult Coloring (AR) 3:00 Flavored Water & Snacks Social (PA) 6:00 Evening Winding Down & Residents Choice Card Game (3rd Floor MPR)	10:00 Move It Monday Exercise (PA) 25 10:30 Trip to the Kathleen Clay Edwards Library (0) 11:00 Coffee & Chronicles (PA) 1:00 Walking Club (FP) 1:30 BINGO (PA) 3:00 Karaoke Fun w/ Ray (PA) 6:00 Winding Down Time (TV)	10:00 Kicking It w/Katie (PA) 10:30 BINGO (PA) 1:00 Walking Club (FP) 1:30 Coffee & Chronicles (AR) 2:30 Devotions w/Robyn & Denise (AR) 3:00 Ice Cream Sandwich Social (PA) 6:00 Winding Down Time (TV)	10:00 Stretch Band Exercise & Hydrathyr (PA) 10:30 Pressed Flower Craft (AR) 1:00 Walking Club (FP) 1:30 BINGO (PA) 3:00 Name That Tune Social (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	0:00 Exercise & Hydration 10:30 Bible Study w/ Bernice & Robyn (AR) 1:00 Walking Club Goes Scavenger Hunting & Colleges Making (FP) 1:30 Movie & Popcorn w/Friends Social (TV) 3:00 Nature Talk Social (PA) 6:00 Evening Winding Down Time & Residents Choice Game (MPR3)	10:00 Fit & Fab Exercise (PA) 10:30 BINGO (TV) 1:00 Walking Club (FP) 1:15 Hamrick's & Dollar Tree Outing (O) 3:00 Lemonade Social (PA) 6:00 Winding Down Social	9:30 Be Fit w/ Sharon (PA) 10:30 Music w/Yuja & Aika (PA) 11:00 Marvelous Manicures (AR) 1:30 Knitting Group Time (MPR3) 2:30 Brain Games Activity Worksheets (AR) 3:00 BINGO Social (AR) 6:00 Walking IClub (FP)
9:30 Love & Faith Church Service (PA) 1	(PA) Piano Area	1	l	I	l	



(FD) Front Desk

(O) Outing

(TR2) Theater Room 2nd Floor

(MPR3) Multipurpose Room 3rd Floor

(TV) Livingroom TV Area

(AR) Activity Room

(CY) Courtyard (SP) Sunporch (B) Bistro

